

Numerous clinical and scientific studies have taken place in recent years outlining the benefits of Omega-3 EPA and DHA. Below is the list of health benefits of Omega-3 EPA and DHA:

- Lower triglycerides in the blood.
- Support healthy cholesterol in the blood.
- Reduce risk of heart disease.
- Aid in regulation of blood sugar levels.
- Maintain healthy blood pressure levels.
- Provide joint support and reduce stiffness and joint pain.
- Support brain and vision health.
- Support reduction of rate of inflammation throughout the body.
- Support healthy mood and lower levels of depression.
- Boost the health of pregnant women.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. .