

Supplement Facts

Halal Multivitamins Supplement Facts

Serving Size: 1 tablet

Servings Per Container:

Amount Per Serving

% Daily Value

Vitamin A (as palmitate and beta-carotene)

3,500 IU

70%

Vitamin C (as calcium ascorbate)

90 mg

150%

Supplement Facts

Vitamin D (as cholecalciferol)

1,000 IU

250%

Vitamin E (as dl-alpha tocopheryl acetate)

30 IU

100%

Vitamin K (as phytonadione)

25 mcg

31%

Thiamin (as thiamin mononitrate)

1.5 mg

Supplement Facts

100%

Riboflavin (vitamin B-2)

1.7 mg

100%

Niacin (as niacinamide)

20 mg

100%

Vitamin B6 (as pyridoxine hydrochloride)

2 mg

100%

Folate (as folic acid)

500 mcg

125%

Vitamin B12 (as cyanocobalamin)

6 mcg

100%

Biotin

30 mcg

10%

Pantothenic Acid (as dicalcium pantothenate)

10mg

100%

Supplement Facts

Calcium (as dicalcium phosphate, calcium carbonate & calcium ascorbate)

200 mg

20%

Iron (as ferrous fumarate)

18 mg

100%

Phosphorus (as di calcium phosphate)

109 mg

11%

Iodine (as potassium iodide)

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150 mcg

100%

Magnesium

(as

100 mg

25%

Zinc (as zinc oxide)

11 mg

73%

Selenium (as sodium selenate)

55 mcg

79%

Copper (as copper oxide)

0.9mg

45%

Manganese (as manganese sulfate)

2.3 mg

115%

Chromium (as chromium picolinate)

35 mcg

29%

Molybdenum (as sodium molybdate)

45 mcg

60%

Chloride (as potassium chloride)

72mg

2%

Potassium (as potassium chloride)

80mg

2%

Lycopene

300 mcg

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Lutein

250 mcg

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Boron (as boron amino acid chelate)

150 mcg

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Vanadium (as sodium metavanadate)

10 mcg

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Tin (as stannous chloride)

10 mcg

Supplement Facts

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Nickel

(as

5 mcg

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* Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Vegetable Stearic

Acid, Vegetable Magnesium Stearate, Silicon Dioxide, Hydroxypropyl Methylcellulose,

Triacetin, Talc, FD&C Yellow #6 Lake, FD&C Red #40 Lake and Titanium Dioxide.