

A vital part of the diet of every pregnant and nursing mother, the Prenatal Multivitamin has the important nutrients to:

- Help support fetal brain development and formation of blood cells with folic acid.
- Support heart health and cell metabolism with 100% of the daily value of vitamins B1, B2, B3, B5, B6, and B12.
- Support the growth and development of the placenta with Iron.
- Help support skeletal health with calcium and vitamin D.