

## Supplement Facts

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### Halal Prenatal Multivitamins Supplement Facts

Serving Size: 1 tablet

Servings Per Container:

#### Amount Per Serving

#### % Daily Value

Vitamin A (as beta carotene )

4,000 IU

50%

Vitamin C (as ascorbic acid)

100 mg

166%

Vitamin D (as cholecalciferol)

400 IU

100%

Vitamin E (as d-alpha tocopheryl acetate)

30 IU

100%

Thiamine (vitamin B-1) (as thiamine mononitrate)

1.7 mcg

100%

Riboflavin (vitamin B-2)

2.0 mg

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100%

Niacin (as niacinamide)

20 mg

100%

Vitamin B-6 (as pyridoxine hydrochloride)

2.5 mg

100%

Folate (as folic acid)

800mg

100%

Vitamin B-12 (as cyanocobalamin)

8 mcg

100%

Biotin

30 mcg

10%

Pantothenic Acid (as dicalcium pantothenate)

10mg

100%

Calcium (as calcium carbonate & dicalcium phosphate)

200 mg

15%

Iron (as ferrous fumarate)

27 mg

150%

Iodine (as potassium iodide)

150 mg

100%

Zinc (as zinc oxide)

15 mg

100%

Selenium (as L-selenomethionine)

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20 mcg

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Copper (as copper amino acid chelate)

2 mg

100%

\* Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Vegetable Stearic Acid,

Vegetable Magnesium Stearate, and Silicon Dioxide.